

Assignment Response Post

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Among the strategies that a novice nurse practitioner can employ to transition to a professional role is seeking a mentor and sticking by them. This is because mentors play a very important role in individual and professional development. A mentor will be a person that will connect the nurse to professional links, training, seminars, evidence-based practice opportunities, and recommending one to other physicians or patients (Twedell, 2015). Mentors are also important in offering support and guidance in case of any challenge during the nursing practice. However, one should not just go for any mentor, and they need to ensure that the one they choose is experienced in practice and is ready to work with them.

Among the professional activities that can facilitate the role of transition will include advocacy for the patients under care. It is also important to learn the eight steps of crucial conversations as this allows one to know how to approach different nursing care challenges. It is also important to volunteer for various nursing care roles, including community work, as this will sharpen the skills of becoming a professional nurse (Shatto, Meyer, & Delicath, 2016). One also needs to ensure that they have improved their time management skills since it, in most cases assuming new roles mean that one needs to be better organized or they can become overwhelmed after they no longer work with the support of instructors (Shatto, Meyer, & Delicath, 2016). One will be required to manage more patients, guide other nurses, organize shift schedules, and at times, administer medication. This calls for the practice of punctuality and setting the positive tone of the day. Among recommendations is one can manage time well with a 'to do 'list, avoiding multi-tasking, establishing deadlines, and learning to delegate (Shatto, Meyer, & Delicath, 2016).

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## References

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