

Module 6: Assignment 2 of 2--"Reflecting on your Personal Philosophy of Nursing"

Student's Name

Institution of Affiliation

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- 1. Describe how your 2, 5, and 10 year career plan may have changed since you started the RN BSN program based on future trends and opportunities identified in your chosen area of focus (administration, education or clinical practice). Be sure to include at least 2 specific examples of how your behaviors, attitudes, and practices have changed and why.**

Since I started my RN BSN program and at the same time working fulltime, my career plan has significantly changed, especially with the current increase in the use of telemedicine. In the two, five, and ten-year care plan, my goals have changed considerably. For instance, in the next two years, I want to finish my BSN or at least be close to the finish and graduate immediately after the end of the second year. Once I am through with my BSN, I hope to advance my career within my current organization, maybe in a management position. Within the two years, I want to enroll in short courses to increase my knowledge in my area of expertise and attend to at least three workshops. In the next five years, I plan to advance my education by working towards attaining a master's degree. I may be taking my masters in the direction of administration or nursing education. Either way, I will be in a position to prepare future or new nurses for the ever-changing medical field.

In the next five years, another option I have is becoming a nurse practitioner and provide holistic care for my patients. The holistic care incorporated the physical, mental, socioeconomic, and meeting the spiritual needs of my patients (Demirsoy, 2017). As such, I would want to get involved in the field of counseling or psychiatry. Either way, I would be in a position to provide all-round care to all the patients I will be serving. Further, in ten years, I hope to have the feeling of accomplishment and realize that I have made a step ahead towards achieving all my goals. I

want to feel satisfied with my career at my current organization. Moreover, by the end of ten years, I would want to start planning for my retirement, in the case may decide to retire at all. Besides, I see the possibility of me continuing to provide care within my community at some point in my career.

2. How have you expanded or changed your personal philosophy of nursing since you started the RN BSN program? Include insights and at least 2 specific examples of how your behaviors, attitudes, and/or practices have changed regarding role of the professional nurse as a result of the RN BSN program.

Since I started my RN BAN program, I have changed my philosophy in which I now believe that functioning as a nurse does not make one a nurse. I have realized that because one has mastered the routine tasks involved in the field of nursing does not mean that one has the inner qualities that make him or her nurse. My philosophy has changed to incorporate patient caring through various caring activities such as activities of daily living, like feeding patients who have difficulties eating or helping them to the washrooms. Through these activities, I have realized that caring involves showing patients that as a nurse, you think of them as human beings and not as a task or an item (Taylor, Lynn, & Bartlett, 2018). When a patient observes such actions, he or she feels the compassion that a nurse has for taking care of him or her. However, having all these extra time with my patients must begin by building trust with the patient and let them know that as a nurse, I am there for them to assist them in any way. Once trust has been built, the patients may be more at ease with their hospital stay. Consequently, the patients would be more understanding and may accept the education provided to them by nurses.

Further, my philosophy has changed to realized that the patient's family is an extension of the patient and needs the same care treatment and respect as the patient. I have realized that when caring for any patient, it is wise to incorporate the family in the care plan and offer them the same education on how to manage the patient's care after leaving the hospital (Taylor, Lynn, & Bartlett, 2018). I have also realized that my colleague nurses are also my second family because we all have similar characteristics that bring us together as healthcare providers. Besides, we also possess traits that differentiate us from each other but still make us successful nurses during our practice.

3. Would you describe yourself as a lifelong learner? Why?

I would describe myself as a lifelong learner because there is no single individual who knows everything. Besides, I often learn new things every day, and I get the joy of learning new knowledge related to my work, especially in this technology era. In simple terms, lifelong learning is an act of learning new things throughout an individual's lifetime, and in search of skills not only for personal reasons but for career drives (Babenko et al., 2017). Currently, lifelong learning has been on the rise due to several reasons, such as the increase in the old-age dependency ratio, quality of life, and the desire to have a good physique and stable mental conditions (Babenko et al., 2017). Through lifelong learning, I have been able to develop my career individually and increasing my opportunities for a competitive job search. When I graduated and earned my certification, I decided that I would continue to expand my knowledge and continuously study to improve myself by taking as many continuation courses I could, not only to update my certification but to specifically better myself in comprehending my field of expertise and the multiple specialists I collaborate in the provision of quality care. Besides, I

have never stopped trying to learn, and I am in the process of pursuing my first assist licensure in acute care, thus making me a lifelong person.

References

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- Taylor, C., Lynn, P., & Bartlett, J. (2018). *Fundamentals of Nursing: The Art and Science of Person-Centered Care*. Lippincott Williams & Wilkins.